

DIRECTIONS TO :

AMERICAN EASTERN WELLNESS CENTER (AEWC)

537 New York Avenue / 2nd Floor, Lyndhurst, NJ 07071
201-939-7212

FROM ROUTE 80 EAST :

Take route 80 east to route 46 east

Take route 46 east to route 3 east

Follow directions below from route 3 east

FROM THE NJ TURNPIKE NORTH & SOUTH :

Take the NJ Turnpike to exit 16E (Sports Complex)

From exit 16E get on route 3 west

Follow directions below from route 3 west

FROM ROUTE 17 SOUTH :

Take Route 17 south to Route 3 west.

Follow Route 3 west directions below.

FROM ROUTE 3 EAST :

While on Route 3 east, look for The Barnes & Noble on the right. Shortly after the Barnes & Noble, you will drive over the Passaic River Bridge. After the bridge, get off at the second exit marked Rt. 17/Ridge Road.

From the exit make an immediate left on to Rutherford Avenue.

Make the first right on to Lafayette.

Follow Lafayette completely to its end and make a left on to New York Avenue.

AEWC is about 1/4 mile on the left. Number 537.

It's a small, two story office building with an accountant on the ground floor and AEWG on the second floor where you will see a small sign in the window.

Park in the street and come up the walkway that is between the extremely red house and the white 537 sign. Enter through the side door on the left side of the building and come on up.

FROM ROUTE 3 WEST :

Take Route 3 west and shortly after passing Giant Stadium, get off at the Ridge Road/Park Ave exit.

At the stop sign make a left on to Ridge Road.

From Ridge, make a right at the 4th traffic light on to New York Avenue.

AEWC is about 1/4 mile on the right. Number 537.

It's a small, two story office building with an accountant on the ground floor and AEWG on the second floor where you will see a small sign in the window.

Park in the street and come up the walkway that is between the extremely red house and the white 537 sign. Enter through the side door on the left side of the building and come on up.